

Name/Title of the program	Hypertensive disease complicating pregnancy		
Date and Time	10/04/2024		9.30AM – 12.30PM
Venue	HOSPITAL AUDITORIUM Tagore medical college and hospital		
Target audience/Stakeholder	HOD, ALL FACULTIES, PG AND CRMI, general public		
Number of Participants	140		
Program/Event Organized by	Department of OBG, Tagore medical college and hospital		
Resource Persons Name and Topic Taken	Name	Designation	Topic Taken
	Dr. PREMALATHA	M.B.B.S, M.D	Hypertensive disease complicating pregnancy
Objective of the Program	To provide beware of symptoms and practical experience Hypertensive disease complicating pregnancy		

Overview: The event focused on the critical issue of hypertensive diseases during pregnancy, highlighting its impact on maternal and fetal health. It aimed to educate healthcare providers and raise awareness among the community about the risks, prevention, and management strategies associated with hypertensive disorders in pregnancy.

Key Topics Covered:

1. **Types of Hypertensive Disorders:** Discussion on various types such as gestational hypertension, preeclampsia, eclampsia, and chronic hypertension.
2. **Risk Factors:** Identification of factors predisposing women to develop hypertensive disorders during pregnancy, including age, obesity, diabetes, and previous history.
3. **Clinical Manifestations:** Symptoms and signs indicating the onset and progression of hypertensive disorders, emphasizing the importance of early detection and monitoring.
4. **Complications:** Potential adverse outcomes for both the mother (e.g., stroke, organ damage) and fetus (e.g., growth restriction, preterm birth) due to uncontrolled hypertension.
5. **Diagnostic Approaches:** Methods for diagnosing hypertensive disorders during pregnancy, including blood pressure monitoring, urine analysis for proteinuria, and other relevant laboratory tests.
6. **Management Strategies:** Guidelines and protocols for managing hypertensive disorders, including antihypertensive medications, close monitoring, and potential interventions to mitigate risks.
7. **Patient Education:** Importance of educating pregnant women and their families about the signs and symptoms of hypertensive disorders, self-care measures, and the significance of prenatal care.
8. **Multidisciplinary Approach:** Collaboration among healthcare providers (obstetricians, cardiologists, nephrologists, etc.) to ensure comprehensive care for pregnant women with hypertensive disorders.

Outcomes:

- Increased awareness among healthcare professionals regarding the early recognition and appropriate management of hypertensive disorders in pregnancy.
- Enhanced understanding among patients and their families about the importance of prenatal care and regular monitoring.
- Strengthened collaboration between healthcare teams to improve patient outcomes through timely interventions and personalized care.
- Identification of areas for further research and improvement in the management of hypertensive diseases during pregnancy.

Conclusion: The event served as a platform to address the significant challenges posed by hypertensive diseases in pregnancy and fostered a collaborative approach towards improving maternal and fetal health outcomes. By sharing knowledge, best practices, and experiences, participants reaffirmed their commitment to providing high-quality care and support to pregnant women affected by hypertensive disorders.





TAGORE

MEDICAL COLLEGE & HOSPITAL

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DEPARTMENT OF OBG

CME on



"HYPERTENSIVE DISEASE COMPLICATING PREGNANCY"



Date: 10-04-2024

Venue: Hospital Auditorium,

Time: 9.10 am - 12.00 pm

Speakers

Dr. Kalpana

- Introduction/classification

Dr. Annith

- Pathogenesis Symptoms And Complication

Dr. Shanthi Gunasingh

- Management Of PIH

CHIEF PATRONS



Prof. Dr. M. MALA

MA., M.Phil., Ph.D.

Chairperson & Managing Trustee,
Tagore Educational Trust



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Secretary,
Tagore Educational Trust,
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